AGENDA

CONFERENCE OBJECTIVES:

- 1. To advance knowledge of evidence-based and best practices in general surgery
- 2. To build pragmatic skills for general surgeons to effectively manage patient care activities

SATURDAY NOVEMBER 15, 2025

0840	Abdominal Wall Reconstruction	Dr. Sean Norris
0830	Welcome	Dr. Lloyd Mack
0800	Registration and Breakfast	

By the end of this session, learners will be able to:

- 1) Describe optimal repair of a first-presentation incisional hernia
- 2) Employ a step-wise approach to surgical repair of recurrent incisional hernia
- 3) Access the specialized clinics/programs for abdominal wall reconstruction in Alberta
- 0910 **Debate: Should all patients with lobular breast cancer** Dr. Lashan Peiris have a pre-operative breast MRI? Dr. Eva Thiboutot Dr. Sue Kupper

By the end of this session, learners will be able to:

- 1) Describe the risks/benefits of pre-operative MRI for lobular breast cancer
- 2) Determine indications for routinely performing vs. considering MRI in lobular breast cancer

0940 **Peri-operative Medication Management for the General** Dr. Mike Bosch **Surgeon**

By the end of this session, learners will be able to:

- Summarize typical recommendations for peri-operative management of diabetes, including GLP-1 analogs
- 2) Give appropriate recommendations for peri-operative management of anticoagulation medications
- 3) Recognize patients for whom consultation with an internal medicine specialist or subspecialist will be beneficial for preoperative medication management and optimization

1000 Wellness Break

1020 **Choosing the Right Mesh for Hernia Repair** Dr. Patrick Vallance

By the end of this session, learners will be able to:

- 1) Choose the most appropriate mesh for an umbilical, incisional, and inguinal hernia repair
- 2) Employ an approach to the use of mesh in challenging scenarios, such as recurrent hernias, loss of abdominal domain and infected spaces

SATURDAY NOVEMBER 15, 2025 CONT.

1100 Frailty, Dementia, and Delirium in the Perioperative Period: Practical Strategies for Better Outcomes

Dr. Krista Reich

By the end of this session, learners will be able to:

- 1) To recognize the impact of frailty, dementia, and delirium on postoperative outcomes and how this can inform risk conversations in the older adult
- 2) 2. To employ evidence-based approaches to improve postoperative outcomes for older adults, including utilizing geriatric assessments
- 3) 3. To learn how to screen for frailty in a busy clinical setting

1145 Lunch with Exhibitors

1300 Surgical Side Gigs: Navigating Non-Clinical Pursuits

Dr. Oliver Bathe

Dr. Neel Datta

By the end of this session, learners will be able to:

- 1) Consider how engagement in non-clinical pursuits contributes to personal well-being, resilience, and sustainability in a surgical career (CanMEDS role: Professional)
- 2) Explore how surgeons can apply leadership and management skills in entrepreneurial and lifestyle endeavors outside of clinical practice (CanMEDS role: Leader)
- 3) Identify ways in which non-clinical experiences can inform and enrich lifelong learning and innovation (CanMEDS role: Scholar)

1330 Challenging Acute Care Presentations: Case Review & Panel Discussion

Dr. Elijah Dixon

Dr. Dereck Mok

Dr. Jon Seto

By the end of this session, learners will be able to:

- Describe the fundamental principles in selecting patients for surgical management of malignant small bowel obstruction
- 2) Employ an approach to the patient with acute diverticulitis that is not resolving with nonoperative management
- 3) Describe management options for a patient with unexpected Mirizzi's syndrome

1420 **How I do it videos:**

Dr. Gab Marcil

Inguinal Hernia Repair – TEP & TAPP

Dr. Jen Schendel

Oncoplastic Lumpectomy

Dr. Samantha Bird

By the end of this session, learners will be able to:

- 1) Identify relevant anatomy and describe the steps for TEP and TAPP inguinal hernia repair
- 2) Identify relevant anatomy and describe the steps for an oncoplastic lumpectomy

SATURDAY NOVEMBER 15, 2025 CONT.

1445 Resident Research Showcase

Dr. Andrea Lin Dr. Emily Heath

By the end of this session, learners will be able to:

- 1) Critically appraise surgical research and identify its relevance to clinical practice (CanMEDS role: Scholar)
- 2) Foster an environment of mentorship, scientific inquiry, and support for the academic development of surgical trainees (CanMEDS role: Professional

1500 Afternoon Break/Adjourn for Day 1

1700 Cocktail Hour with Exhibitors

1800 **Dinner and Keynote Presentation**

Michelle Plouffe

SUNDAY NOVEMBER 16, 2025

0730 Breakfast

0830 **Billing Standards and Financial Stewardship**

Dr. Neel Datta Dr. Tony Gomes

By the end of this session, learners will be able to:

- 1) Engage in constructive peer dialogue about best practices for billing (CanMEDs role: Communicator)
- 2) Analyze how equitable compensation contributes to the sustainability of surgical care delivery and supports workforce retention (CanMEDs role: Leader)
- 3) Articulate how fair compensation of surgical services may impact access to and quality of care (CanMEDs role: Health advocate)

1030 Alberta Association of General Surgeons Annual General Meeting